



## **One Fruit, Many Expressions**

**Key Text: Galatians 5:13–25**

### **I. The Contrast Between Flesh and Spirit**

- The works of the flesh are many (plural) – acts we strive for in our own strength.
- The fruit of the Spirit is one (singular) – a unified Christlike character shaped by the Spirit.

### **II. The Nature of the Fruit of the Spirit**

- One fruit, many qualities: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.
- Fruit comes from abiding, not striving (John 15:4–5).

### **III. The Process of Bearing Fruit**

- Crucifying the flesh – putting to death our old ways.
- Walking by the Spirit – daily yielding and staying connected to Him.
- The Spirit causes growth – our job is to abide, His job is to transform.

### **IV. Application for Today**

- Stop striving in your own strength.
- Focus on abiding in Christ.
- Look for the Spirit's fruit as evidence of His work.
- Pray: 'Holy Spirit, bear Your fruit in me.'

### **Conclusion:**

The works of the flesh are many, self-driven, and destructive. The fruit of the Spirit is one, Spirit-driven, and life-giving. Focus on abiding in Christ, and the Spirit will produce His fruit in you